


**September 2024**

**A-Z of Community Facilities in Bowthorpe**

**Location: CB = Chapel Break CH = Clover Hill TS = Three Score MC = Main Centre**

<b>Organisation</b>	<b>At</b>	<b>Contact</b>	<b>Phone</b>	<b>Other Information</b>
<b>Abbotts Dance Academy</b>	CH	Email hello@abbottsdance.com Contact Mark Abbott for info. www.abbottsdance.com All at Clover Hill Village Hall	07535 142 229	Dance classes available from 2yrs & onwards, acrobatics, ballet, street / break dance and modern jazz. Book your free class today. <a href="https://abbottsdance.com/promo">https://abbottsdance.com/promo</a> web. bookings
<b>African Apostolic Church</b>	CH	Clover Hill village Hall howmuzire@yahoo.com	07557 945 177	A Christian Church led by Archbishop Ernest Paul Mwazha of Africa, Sabbath services are held on a Saturday twice a month.
<b>Alnwick Court Housing Care</b>	CB	Lisle Road, Chapel Break Norwich, NR5 9LD Retirement housing complex run by Norwich City Council.	If interested in other activities contact Diane Blowers 07907 892 626	Rummey club Monday, Wednesday, Thursday, Saturday afternoons. All 2pm
<b>Ashwell Court Housing Care</b>	CB	A housing complex for retired and over 55's run by Places for People Bendish Way Chapel Break NR5 9BS sharonrochford@placesforpeople.co.uk Warden Sharon Rochford Monday, Thursday, Friday 9am – 4.30pm	07385 005 273	Monday: Bingo 2.00pm Tuesday Lunch club 12.15pm Wednesday: Hairdresser 9.00am Coffee & Natter 3.00pm Thursday: Mobile Me Games 10.30am Friday: Coffee Morning 11.30am
<b>Beaver Scouts</b>	CB	Sara Harrison bowthorpegsl@outlook.com		Wednesday 17:00 – 18:00 (Term time only) Chapel Break Village Hall. For children aged 6 – 8
<b>Bowthorpe Book Share</b>	CB TS	bowthorpegsl@outlook.com		Book share with Sara. Email for details
<b>BHG Bowthorpe Heritage Group Community Garden</b>	MC	Adrian Carol Madge	07765 350 383 01603 474 633 01603 734767	Volunteer Project to develop and look after a Community Garden, Tolye Rd. Three Score NR5 9PR. behind Craft Workshops near Main Centre. All welcome to help. More volunteers needed - contacts on left.
<b>Bowthorpe Care Village</b>	TS	Mayflower Court, Ladysmock Way, Norwich, NR5 9BF Manager: Diane Boros The Meadows, Ladysmock Way, Norwich, NR5 9BF. Manager: Cherry Peters meadows.reception@norsecare.co.uk	01603 594 060 (option 1)  01603 594 060 (option 2)	Mayflower Court has 80 bedrooms and specialises in caring for people living with dementia. The Meadows has 92 bedrooms and offers Housing with Care. Run by Norse Care (Services) Ltd info@norsecare.co.uk 01603 894 366
<b>Bowthorpe Hall</b>	MC	Wendy Norvic Training UK Ltd info@norvictraining.co.uk	01603 343 534	A large, two storey brick house, constructed by Sir Robert Yallop in <b>the 17th century</b> replacing an earlier hall. Various business groups use the premises.
<b>Bradecroft Housing Care</b>	CH	Rawley Road, Cloverhill, Bowthorpe, Norwich, NR5 9DS Retirement housing complex run by Norwich City Council.	If interested in other activities, pop into hall at no.36	Coffee and biscuits Monday morning 10 am, plus Tuesdays 2pm Bingo every 1 <sup>st</sup> Wednesday of month Strawberry Tea in June!
<b>Brownies</b>	CB	Becky Cordy		Chapel Break Village Hall Fridays 6 – 8pm for children aged 7 to 10 years
<b>Calvary International Ministries</b>	CH	Clover Hill Village Hall Sundays 11.30 am– 1.30pm judx34@yahoo.com		Worship, music, dancing, praying, Gospel teaching
<b>Cascade Bank House School</b>	CH	Dawn Wale head teacher Bright House, Bank School, Wendene, NR5 9AB schools@cascade-care.com	01603 744482	Small independent school for up to 10 pupils aged 13 – 19 with complex learning needs.
<b>Care for Carers</b>		Peter Rowley - Chairman info@careforcarers.org.uk	03007 778 880	Carers group support organisation. www.careforcarers.org.uk
<b>Chapel Break Out-Of-School</b>	CB	Lesley Doy chapelbreakclubs@hotmail.com	01603 442 059	Monday to Friday (50 weeks a year) at Chapel Break Village Hall. 3 to 12 years.

<b>Clubs</b>				Breakfast club 07:45 - 09:00. Afterschool club 15:00 – 18:00. Holiday club 07:45 – 18:00
<b>Chapel Break Pre-School</b>	<b>CB</b>	Sara Harrison chapelbreakpre-school@hotmail.co.uk	01603 442 059	Monday to Friday (term time only) at Chapel Break Village Hall. Age 2 to 5. Morning & afternoon sessions between 08:50 – 15:00
<b>Chapel Break Short Mat Bowls Club</b>	<b>CB</b>	Mike Hillary mrh_sr@yahoo.co.uk 24 Hearne Court		Short Mat Bowls Chapel Break Village, Hall Tuesday evenings @ 18:30.
<b>Children's Services Bowthorpe Community Hub</b>		Independent Statutory Services Jasmine Hughes Jasmine.hughes@norfolk.gov.uk	01603 222 288	Bowthorpe Community Hub, Bowthorpe Hall Rd.NR5 9AA Office -based but have contact with different families.
<b>Church (Bowthorpe Church)</b>	<b>MC</b>	Church Centre Office: bowthorpechurch@gmail.com  Website: www.bowthorpechurch.co.uk Minister: Rev. Mark Elvin  For Catholic Mass please contact Fr David Ward or Rev. Bill Dimelow	01603 749 614  01603 747 871  01603 742 812 01603 743 476	One family of Christians who serve God & the Community. Main Service: Sunday 10.30 am Wednesdays: 10:00 Holy Communion Weekdays: Short Morning and Evening Prayer 8am + 7 pm (Taize style on Fridays) Hope Café Tuesdays 10 – 12 noon Tots Thursdays 9.30 – 11am Food Bank Fridays 10.30 -12 noon Quaker Worship on certain 5 <sup>th</sup> Sundays of the month - next: 29 <sup>th</sup> September 6.30pm.
<b>CB Community Association</b>	<b>CB</b>	Sara Harrison (Chairperson) chapelbreakbookings@hotmail.com	01603 442 059	To promote and co-ordinate community functions at Chapel Break Village Hall
<b>CH Community Association</b>	<b>CH</b>	Clover Hill Community Association office@cloverhillvillagehall.com www.cloverhillvillagehall.com	01603 748 531	To promote and co-ordinate community functions at Clover Hill Village Hall
<b>Clubbercise</b>	<b>CH</b>	Becks zumbabecks@hotmail.co.uk	0790 989 6805	Tuesdays 7.30pm Clover Hill Village Hall Keep fit and have fun. Contact Becks.
<b>Councillors</b>		Peter Prinsley (L) p.prinsley@cllr.norwich.gov.uk Sue Sands (L) s.sands@cllr.norwich.gov.uk Mike Sands (L) m.sands@cllr.norwich.gov.uk Mike is both City and County councillor mike.sands@norfolk.gov.uk	07824 610262 01603 594 995  01603 594 995 City 07557 634 894 County	All councillors seek to represent the concerns brought to them by local people.  Councillor surgery every 3 <sup>rd</sup> Friday 10.30 – 11.30 during Food Hub at Bowthorpe Church Centre
<b>Cub Scouts</b>	<b>CB</b>	Sara Harrison Email bowthorpegs1@outlook.com		Thursday 6.15-7.45 pm Chapel Break Village Hall Children from 8 to 10 ½ years
<b>Doctors</b>	<b>MC</b>	Trinity & Bowthorpe Medical Practice Bowthorpe Health Centre, Wendene, Norwich, NR5 9HA  Dr's Morton, Simper, George, Barber, Turnham, Abodunrin, Reynolds, Sudbury, Brigham, Chikore and Musso.  *Trinity & Bowthorpe Medical Practice (trinityandbowthorpe.co.uk)  111 Out of Hours	01603 748 043 Appointments  Please use our website * This is the quickest way to contact the surgery.  Emergencies ONLY	Surgery is open 08:30 – 18:00 On Monday, Tuesday, Wednesday, Thursday & Fridays. Telephone Lines Closed for lunch 13:00 – 14:00  Request for home visits to be made BEFORE 10:00
<b>Easton Judo Club</b>	<b>CB</b>	Chris Abel chris@eastonjudoclub.co.uk		Monday 6.30 – 8.30pm Chapel Break Village Hall
<b>Family Time Centre</b>		20 Humbleyard, Clover Hill, Bowthorpe		Children's services, Norfolk County Council
<b>Food Hub</b>	<b>MC</b>	Bowthorpe Church Centre	Fridays 10.30 – 12 noon Excluding Bank Holiday	Fulfilling Norwich Foodbank vouchers. Advisors on rotational basis from Shelter / British Red Cross / Your Own Place / NCC / CA, and local council representation.

<b>Friends of West Earlham Woods (FWEW)</b>		Noel Debbage ncdebbage@hotmail.com <a href="https://westearlhamwoods.wordpress.com/">https://westearlhamwoods.wordpress.com/</a> Events can be found on Facebook and the monthly email newsletter	01603 749 397	Seeks to care for Bunkers Hill and Twenty Acre Wood, organising events, work mornings & litter picks.
<b>Football FDC Norfolk County FA</b>	CH	The FDC, Bowthorpe Park, Norwich, NR5 9ED theFDC@norfolkfa.com	01603 704 050	A modern, state of the art football facility featuring: 11-a-side 3G Harrod Sport Arena Four 5-a-side 3G pitches Two small sided 3G pitches with roof netting Pay & Play Sunday 930am- 1230pm & 1pm-4pm £3 per person per session. Walking Football sessions -Men's Monday, Thursday & Friday 10am–12pm. Women's Thursday 7pm-8pm.
<b>Home Education Practical Science</b>	CH	Toni Hassett BSC MPhil PGCE tonihassett@gmail.com fully qualified, semi-retired SEN, science teacher.  Facebook - Toni the tutor	07952 960 965	Fortnightly Practical Science classes for home educated children. Hope to re-start Wednesday 11th September 2024 for our IGCSE practical science group, and on the 18th for our key stage 3 mixed science groups Experimental biology, chemistry and physics. Specialising in dyslexia, ADHD, Aspergers/Autism and English as a second language. Classes designed to complement the national curriculum small groups (8 max) by age range. Parents and siblings welcome Contact Toni for details
<b>Hope Cafe</b>	MC	Bowthorpe Church, Bowthorpe Hall Rd. NR5 9AA bowthorpechurch@gmail.com	01603 749 614	A community Friendship Café. Tuesdays 10 – 12 noon primarily in term time. Drinks, cakes, optional activities
<b>Knit and Natter Group</b>		Trish Burrows Mondays fortnightly at Bowthorpe Church Centre	01603 741 071	10 am - 12. Knitting for Charities/Aids Orphans/Premature Babies. Newcomers welcome.
<b>Leyham Court Retirement Housing</b>	CH	Paul Baum, scheme manager paul.baum@anchor.org.uk anchor.org.uk  Rawley Road, Norwich. NR5 9DJ  Social sec. Liz	01603 747 245 07833 237 108  07365 987792	Monday morning coffee morning from 9 45 onwards Tuesday afternoon knit and natter and games tea and coffees. Tuesday evening at 7pm hoy 2.50 per card. Every other Wednesday afternoon games cake and tea and coffees. Thursday evening at 7pm darts. Friday evening, we have cards also cards on Sunday afternoon
<b>Neesa Project</b>	CH	See Neesa Facebook gladstone91@yahoo.com	07988 948 826	Sewing club Clover Hill Village Hall
<b>Norfolk Singing Hands</b>	CH	Norfolk Singing Hands Facebook laurajbanham@talktalk.net		British Sign Language choir. Any ability. Any age. 2nd Saturday of month. Clover Hill Village Hall 10.15 – 12.15 £3 adults. Kids go free.
<b>Norwich City Council Community Enabling Officer</b>		Louise Curtis louisecurtis@norwich.gov.uk Community Enabling Officer West Local Neighbourhood Services	07534 276 544	Support for community groups and projects Norwich City Council, St Peter's Street Norwich NR2 1NH
<b>Police</b>		Earlham Police Station SNTNorwichWest@norfolk.pnn.police.uk	Emergencies only 999	101 – non emergencies <a href="https://www.norfolk.police.uk/contact-us">https://www.norfolk.police.uk/contact-us</a> Sgt Mike Larkin and Earlham Safer Neighbourhood Team.
<b>Rainbows</b>	CB	Becky Cordy		Chapel Break Village Hall Fridays 5 – 6pm For children aged 4 to 6 years.
<b>Schools</b>	CB	Chapel Break Infant School Thurlby Road, Norwich, NR5 9LU office@chapelbreakinfant.norfolk.sch.uk	01603 749 550	Head Teacher – Mandy Turner

<b>Schools</b>	<b>CB</b>	St. Michael's V.A Junior School, Astley Road, Norwich, NR5 9LA stmoffice@allangelsfederation.org.uk	01603 745 812	Head Teacher – Mrs Helen McCarney
<b>Schools</b>	<b>CH</b>	Clover Hill Infant and Nursery School Rawley Road, Norwich, NR5 9AP choffice@allangelsfederation.org.uk	01603 745 559	Head Teacher – Mrs Helen McCarney
<b>Scouts</b>	<b>CH</b>	Sara Harrison Email bowthorpegs1@outlook.com		Wednesday 19:15 – 20:45 at Chapel Break Village Hall Age 10½ to 14 years. Term time only.
<b>Seabrook Court Housing Care</b>	<b>CH</b>	Beloe Ave./Humbleyard, Clover Hill NR5 9NQ A retirement housing complex run by Norwich City Council.	Socials: Lindy 07949 669 311	Hoy Mondays 7pm Bingo will start again if there are enough people.
<b>Sew Friendly Quilting Group</b>	<b>CB</b>	Sue Colman	0774 8432 398	Friendly group of ladies who are happy to share their knowledge. Meet 2nd and 4th Tuesdays of month, 7 -9pm Ashwell Court community lounge.
<b>Slot Racing</b>	<b>CH</b>	Keith Wright www.norwichslotracing.co.uk	01603 748 531	Mondays 6 – 10pm. Scalextric 30 metre wooden 4-lane track.
<b>Society Alive</b>	<b>CH</b>	Godwin Unazi society.alive@yahoo.co.uk	07832 972 166	Every 1 <sup>st</sup> and 3 <sup>rd</sup> Thursdays of month 12.30 – 2.30. Community meal for all. At Clover Hill Village Hall. Free. (Donations welcome)
<b>Squirrel Scouts</b>	<b>CB</b>	Lesley Doy	07827922 223	Chapel Break Village Hall in term time. Wednesdays 3:30-4:30pm for children aged 4-6
<b>St Michael's Ruin Trust</b>	<b>MC</b>	Jo Storie Chair	01603 747 617	To preserve and enhance the Ruin of Saint Michael and All Angels as a community resource.
<b>St Walstan Prayer Hut</b>		Sally Simpson	01603 745 698	A place to sit, think and pray. In Bowthorpe Hall Rd. between St Michael's Cottages and Church House
<b>Syrian Orthodox Church</b>	<b>MC</b>	Fr. Jomon Punnoose frjomon@gmail.com Secretary: Mr Sabu Kurian st.georgeepi@yahoo.co.uk	01603 291 951	Congregation meets on 4th Saturday and 3rd Sunday each month in Bowthorpe Church Centre.
<b>Toddler Group</b>	<b>CB</b>	Lesley Doy chapelbreakclubs@hotmail.com	01603 442 059	Monday 09:30 – 11:00 (Term time only) Chapel Break Village Hall. £2 per family, Inc all craft work & snack bar
<b>Toddler Group</b>	<b>CH</b>	Sara s.parfitt@hotmail.com	07905 655 242	Every Wednesday 09:30 – 11:00 (Term time only) Clover Hill Village Hall. £2 per family Includes refreshments.
<b>Toddler Group</b>	<b>MC</b>	Janet janet.craske123@btinternet.com Christine	01603 744 237 01603 740 488	Thursday 09:30 – 11:00 (Term time only) Bowthorpe Church Centre £1 per family, includes refreshments
<b>Twin Oaks Nursing Home</b>	<b>CB</b>	Sue Nolan, manager 1, Hudson Way Chapel Break	01603 743 195	24 Hour Nursing care provided in a family environment.
<b>Veterans</b>	<b>CB</b>	Alnwick Court lounge Gerry	07842 340 241	Thursdays 10 am – 12noon Get-together for veterans who have served in any of the armed forces. We have a weekly donation of £ 2.00 which, at the end of the year, we usually pick a charity to send it to.
<b>Village Hall (Community Centre)</b>	<b>CB</b>	Chapel Break Village Hall Lesley Doy chapelbreakbookings@hotmail.com	01603 442 059	Booking Secretary
<b>Village Hall (Community Centre)</b>	<b>CH</b>	Clover Hill Village Hall office@cloverhillvillagehall.com	01603 748 531	Contact details for Bookings
<b>West Norwich Lions</b>		June Sheldrake, President Patricia Moore, secretary patmoorelion@gmail.com	0786 872 4266	2nd and 4th Wednesday of the month. 7pm at lover Hill Community Centre Helping local people & small charities in time of need

<b>Winter Warmer</b>	<b>CH</b>	Contact: Andrea, email: office@cloverhillvillagehall.com	01603 748 531	Knit, Crochet & chatter. Every Wednesday 1pm to 3pm Starting September 18 <sup>th</sup> until April
<b>Women's Institute Bowthorpe</b>	<b>MC</b>	Susan Grant raymond518grant@btinternet.com	01603 881 536	Friendly group of women enjoying talks, clubs, and social activities. At Bowthorpe church centre, first Monday of month except bank holidays .7.30 start.